

QP

DECEMBER 2021
VOL. 2

FASHION AND LIFESTYLE MAGAZINE

CAILIN ALYSSA

BY RYAN DWYER





V
VERONICA
THARMALINGAM
HANDBAGS & JEWELRY

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LETTER FROM THE EDITOR

Hi there,

Welcome to the last issue of this year!

We work hard on representing the empowerment, the courage, the hard work, the fight of the women featured on our cover. This time is no different, CAILIN ALYSSON is not just a pretty face. She has a strong story to tell and so many of us could find not only an example to follow but also a light of hope in the horizon. Well done, Cailin!

I can't say bye to 2021 before sending good vibes and positive energy, full of gratefulness, to all the magic people who are now, or were at some point, part of our creative community.

Merry Christmas and have a lovely start of 2022!

JOSE-MARIA JIMENEZ

Editor-in-Chief

QPmag

COVER



**MODEL: CAILIN ALYSSA @caylennon
PHOTOGRAPHER: RYAN DWYER @letshoot
MAKEUP ARTIST: TAYLOR JAZZ @taylor_jazz
PRODUCTION: MAIN STREET PRODUCTIONS
@mainstreetproductions**

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TIZIANO COLASANTE





Red Frisco Dress **STELLO**
Earrings & Ring **AFLÉ BIJOUX**
Bracelet **MAHRUK AKULY JEWELRY**
Sandals **SHOEDAZZLE**



A woman with long blonde hair, wearing a red sleeveless dress, is sitting on a light blue diving board. She is looking directly at the camera with a slight smile. The background shows a swimming pool and some trees. The title 'BEAUTIFUL DISASTER' is overlaid in large, stylized letters across the center of the image.

BEAUTIFUL DISASTER

PHOTOGRAPHER/CREATIVE DIRECTOR: SHAWN FERJANEK @sgf_foto

MODEL: LAKEN ROMINE @lakenromine

AGENCY: NEWMARK MODELS @newmarkmodels

WARDROBE STYLIST: JOI SALVATORE @stylebyjoi

HAIR & MAKEUP: SHELLIE V. @beautifybyshelliev

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Red Frisco Dress STELLO
Earrings & Ring AFLÉ BIJOUX
Bracelet MAHRUK AKULY JEWELRY
Sandals SHOEDAZZLE

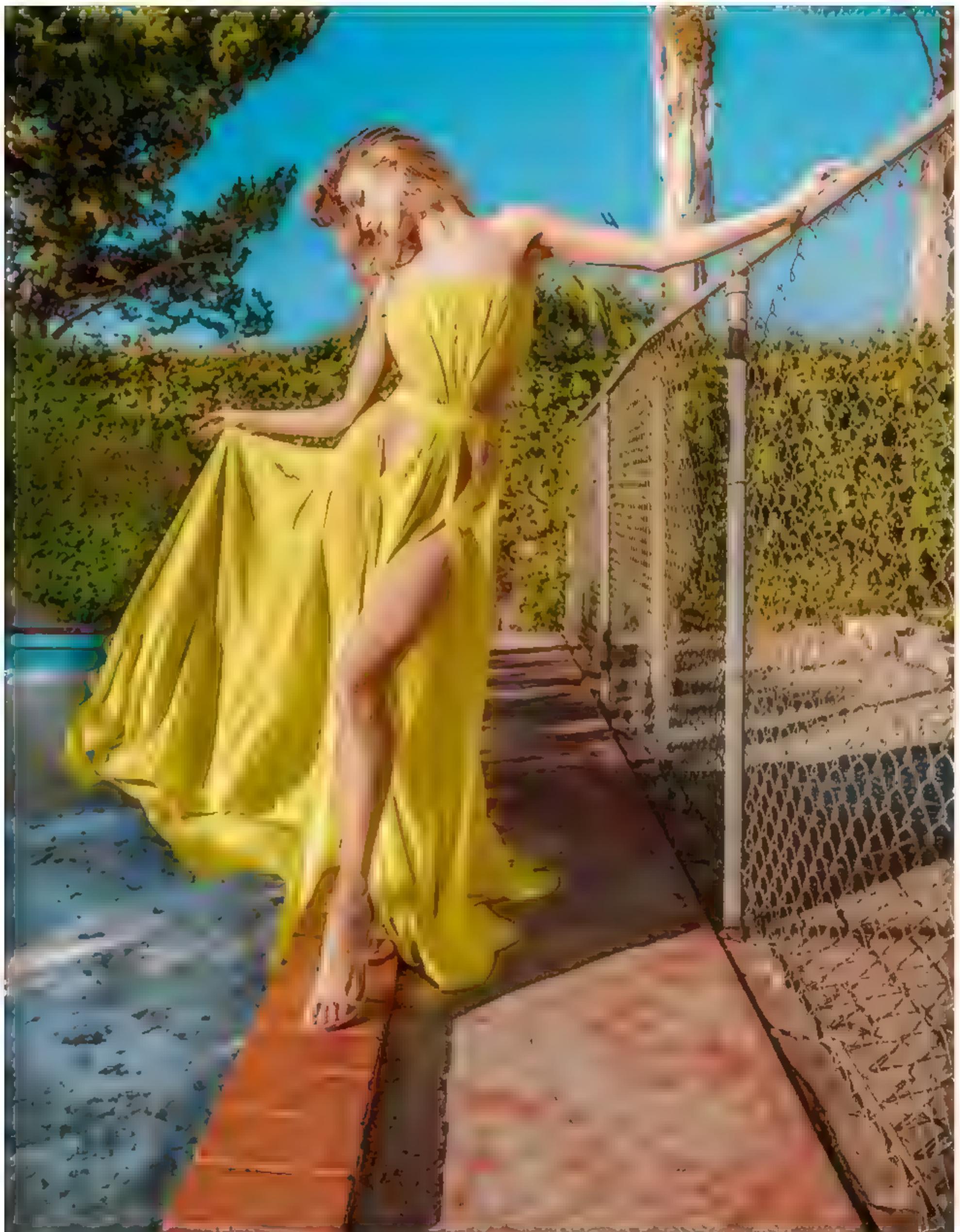


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Dress STELLO
Earrings VERONICA THARMAKINGAM
Ring MAHRUK AKULY JEWELRY
Sandals SHOEDAZZLE



Dress STELLO
Earrings VERONICA THARMALINGAM
Ring MAHRUK AKULY JEWELRY
Sandals SHOEDAZZLE



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Block One Bag YANDY

Scarf PRADA

Earrings AFLÉ BIJOUX

Rings MAHRUK AKULY JEWELRY

Belt VINTAGE

Zebra Print Heels JUSTFAB

OP



Black One Piece YANDY
Sunglasses PRADA
Earrings AFLÉ BIJOUX
Rings MAHRUK AKULY JEWELRY
Belt VINTAGE



Black One Piece YANDY
Sunglasses PRADA
Earrings AFLÉ BIJOUX
Rings MAHRUK AKULY JEWELRY
Belt VINTAGE
Zebra Print Heels JUSTFAB





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Scarves & Matching Top **JOE EXCLUSIVE**

Bottoms **SOFIA NUBES**

Gold Hoops **MAHRUK AKULY JEWELRY**

Belt **VINTAGE**

Snake Print Pumps **JUSTFAB**

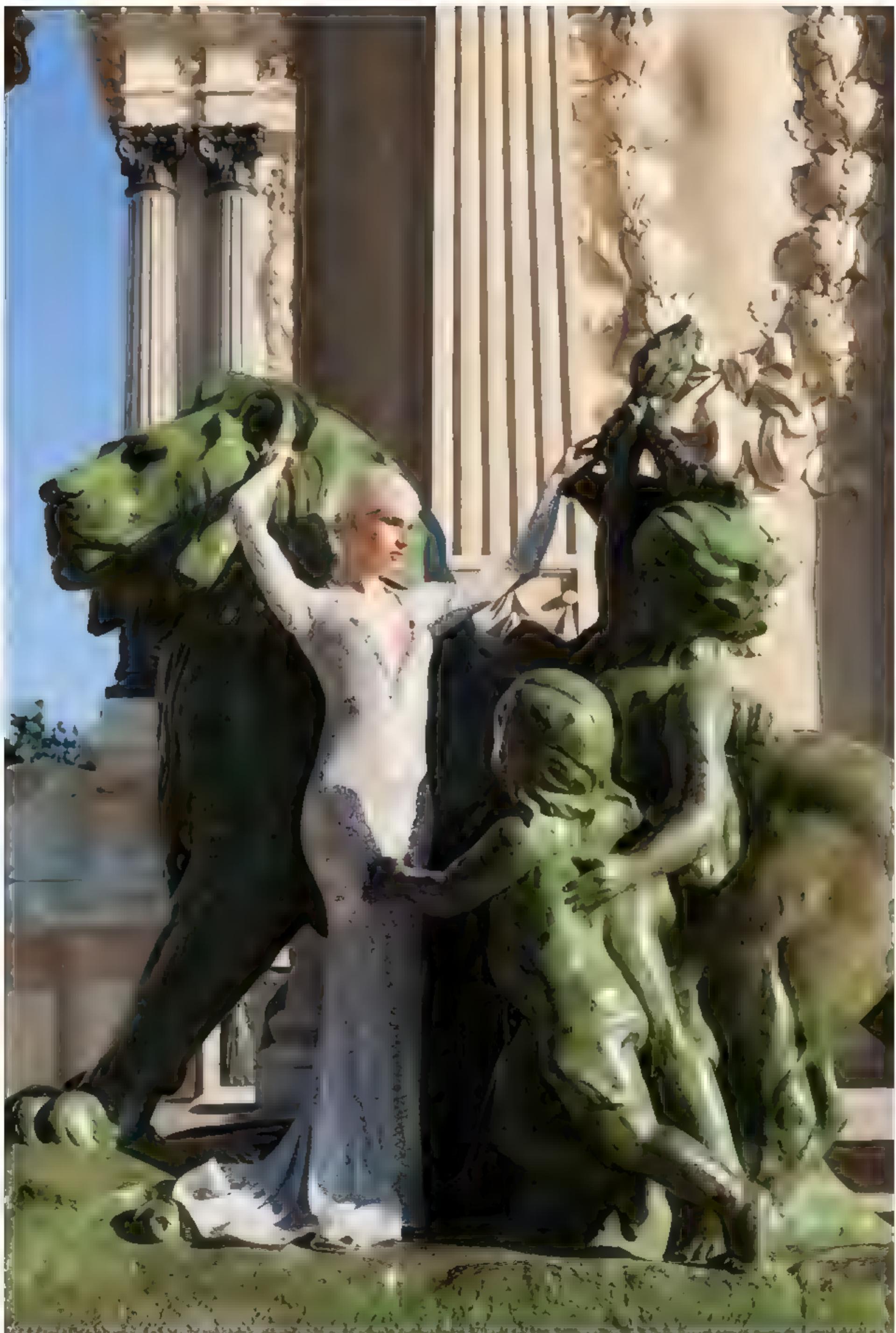


DE





Scarves & Matching Top **JOE EXCLUSIVE**
Bottoms **SOFIA NUBES**
Gold Hoops **MAHRUK AKULY JEWELRY**
Belt **VINTAGE**
Snake Print Pumps **JUSTFAB**





ELEGANCE

PHOTOGRAPHER & ART DIRECTOR: IVAN DUMONT @ivan_dumont

MODEL: ARBILE D'ARUZEL @arbiledaruzel

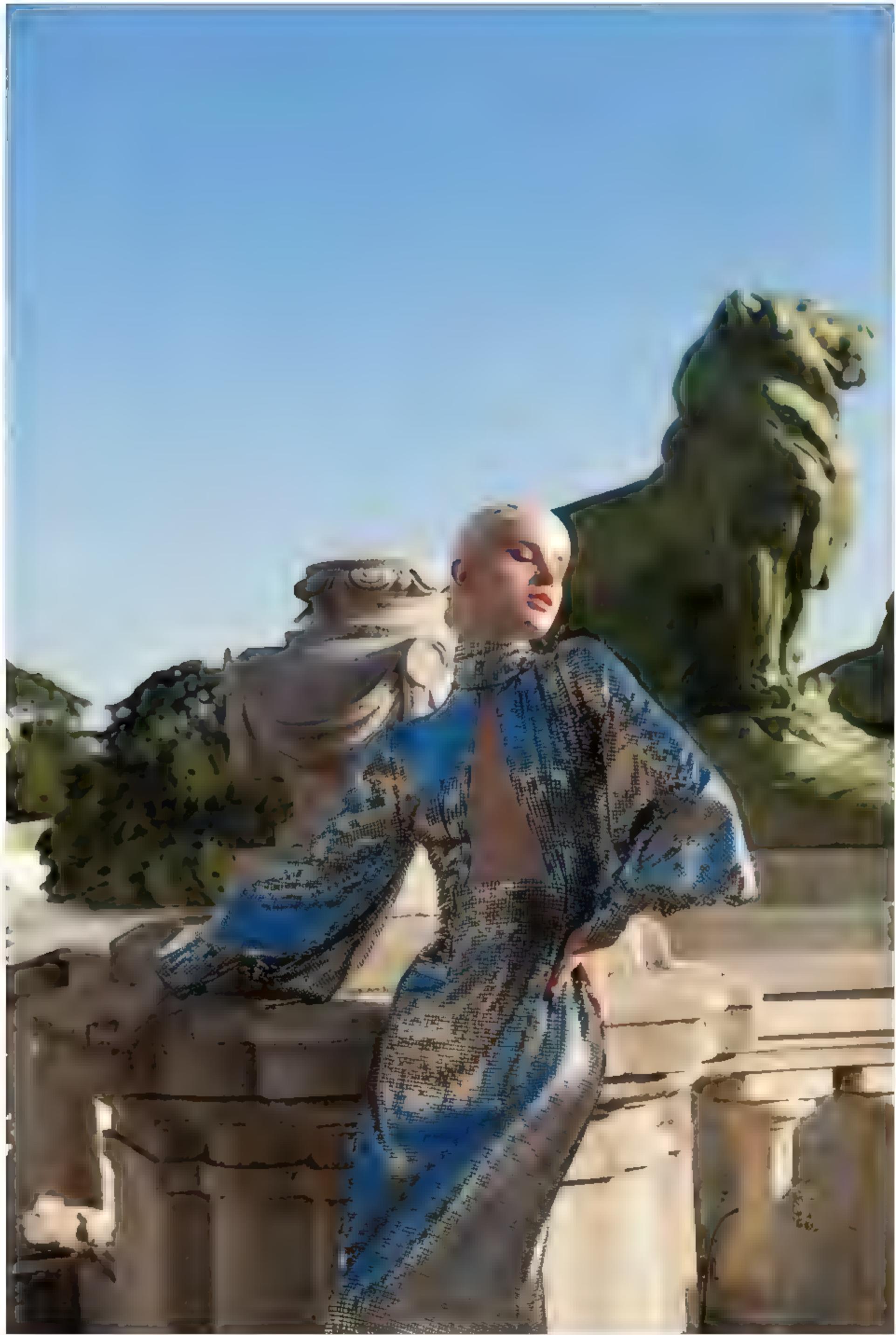
WARDROBE STYLIST: LEWIS ANDRY @lewisandry_designer

PRODUCER: JAVIER CORREIA @ejavier88

Dress LEWIS ANDRY





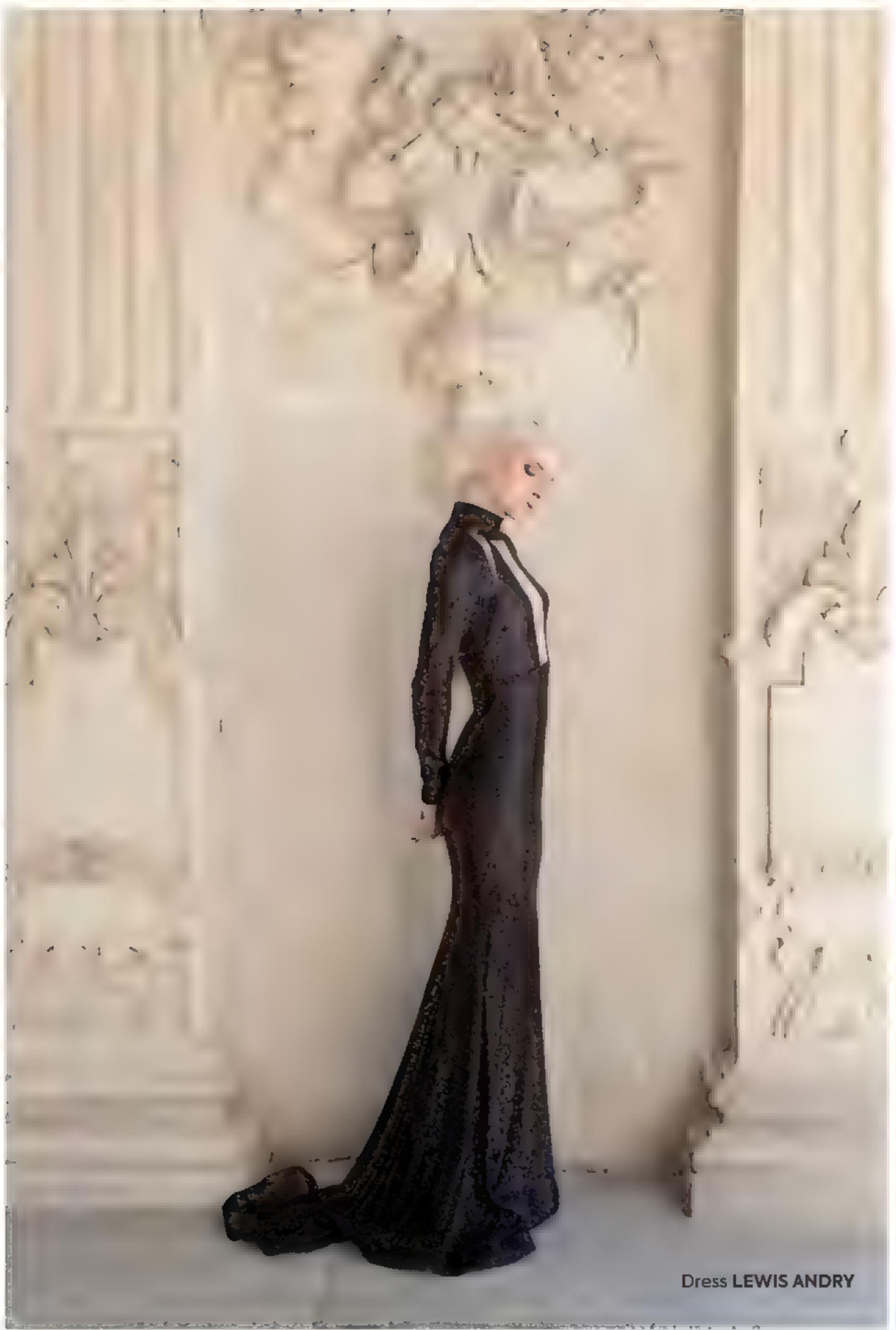


Dress LEWIS ANDRY



CP





Dress LEWIS ANDRY

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COVER

CAILIN ALYSSA

A WOMAN OF MANY TALENTS

Interview by SHANNEN TIERNEY @shannen.tierney

Born in California, Cailin is a non-stop entrepreneur. Not only she produces exclusive sports and entertainment experiences and events, she is also a Real Estate agent, as well as a Medicine student at UCLA. Her love for sports made her compete in swimming and water polo while she attended the University of Southern California. She has an incredibly energy and we are very excited to have her in our cover.

MODEL: CAILIN ALYSSA @caylennon

PHOTOGRAPHER: RYAN DWYER @letshoot

MAKEUP ARTIST: TAYLOR JAZZ @taylor_jazz

**PRODUCTION: MAIN STREET PRODUCTIONS
@mainstreetproductions**





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Many describe you as a woman of many talents. Can you tell us about some of your different life interests?

TOO many interests to fit on the page - haha. Although I am no longer a collegiate athlete, I am passionate about learning new sports and the process that comes along with learning how to do them well. I pride myself on being a water sports girl but recently have taken up golf, tennis, and the prestigious sport of polo. Yep, on horses. I also enjoy surfing and skiing...You will never catch me sitting still as I love to be on the go! I also love art as I am creative and my great grandfather was a famous painter. I love creating or designing things to fulfill my creative brain.

Which interest of yours is your favorite to explore further?

If I had all the time in the world I would love to commit to being a better polo player. Polo is a humbling sport but amazing in so many ways. It's like hockey on horseback and learning the game and where to be is a challenge for one starting later in life but I love the challenge and grace and athleticism that comes with playing polo. Plus the horses are the most amazing animals to be around.

I also would love to have more time to create art and paint. I don't have much time anymore with med school and a full-time job consuming my time but I love the stress release of painting and would love to explore it further.

You were a DI Swimmer in college, but what is your favorite sport to watch from the sidelines and why?

To be honest, I love all sports! As a former collegiate athlete, I respect the time, dedication, hard work, effort that it takes to play any sport at the professional level. Not to mention the sacrifices one has to make to be an elite athlete. If I had to pick one sport to watch from the sideline, hands down has to be hockey. The athleticism the players exhibit along with the passion and grit makes the sport unlike any other. Football

is a close second. I am a big fan of all the LA sports teams, and they have my unconditional support, however, the LA Kings will always be my number 1.

As a self-proclaimed traveler, what has been your favorite place you've traveled to and why?

I love to travel and explore new places and cultures and have spent a significant amount of time working throughout Europe, the UK, South America, and Canada. Traveling the world for work or pleasure has taught me so many life lessons that I couldn't have learned in school or back home in the States. I love traveling to new cities and walking the streets, exploring the food, culture, art, and history each

place has to offer. It has given me so much knowledge that I am unable to learn or fully experience through books.

When you are traveling to new countries, you have let go, fully immerse yourself and be one with the culture - eating their foods, learning their language and social cues - and with this comes experiences that are once in a lifetime and unforgettable.

Traveling with an open mind gives you more depth as a person, it expands your intelligence and awareness for others making you more knowledgeable and accepting of all things the world has to offer. I have so many favorite places it is hard to pick just one. I love Santorini and its beauty. I love Venice Italy for the food, culture, and fashion. I love Argentina for the people and its European flares. I love Copenhagen because I loved the energy in the city and I bought one of my horses there so it has a special place in my heart.

How has traveling improved your overall quality of life?

If I could be a professional traveler, I would. Honestly, when I travel to new places my energy level goes up about 10 notches as I get a runner high off traveling. It comes down to the experiences you have in these different places and the breadth of knowledge you acquire. I love every minute of it. For me, travel





helps in self development, making new friends, refreshing my mind, and bringing out new ideas. Travelling is also known to keep away stress, depression, and anxiety. It provides a new atmosphere taking out a person from their comfort zone and broadening their horizon. My life is so much better when traveling as I love exploring, learning, and meeting new people.

What qualities do you look for in the people you surround yourself with?

I was once told by a mentor of mine that "you cannot sour like an eagle if you are surrounded by pigeons." This hit home for me and has since guided me in life and all my ambitions. We, humans, are the average of the 5 people you spend the most time with. I have seen this first hand and think it is extremely important to surround yourself with people who bring out the best in you and have good energy.

I am an ambitious soul and a go-getter and to fulfill my goals and dreams in life I make it a point to surround myself with individuals that challenge me mentally and creatively. Those individuals who are also open-minded, motivated, and have passion about something dear to them. When you are surrounded by greatness the energy begins to rub off on your and the greatness from within begins to showcase outward.

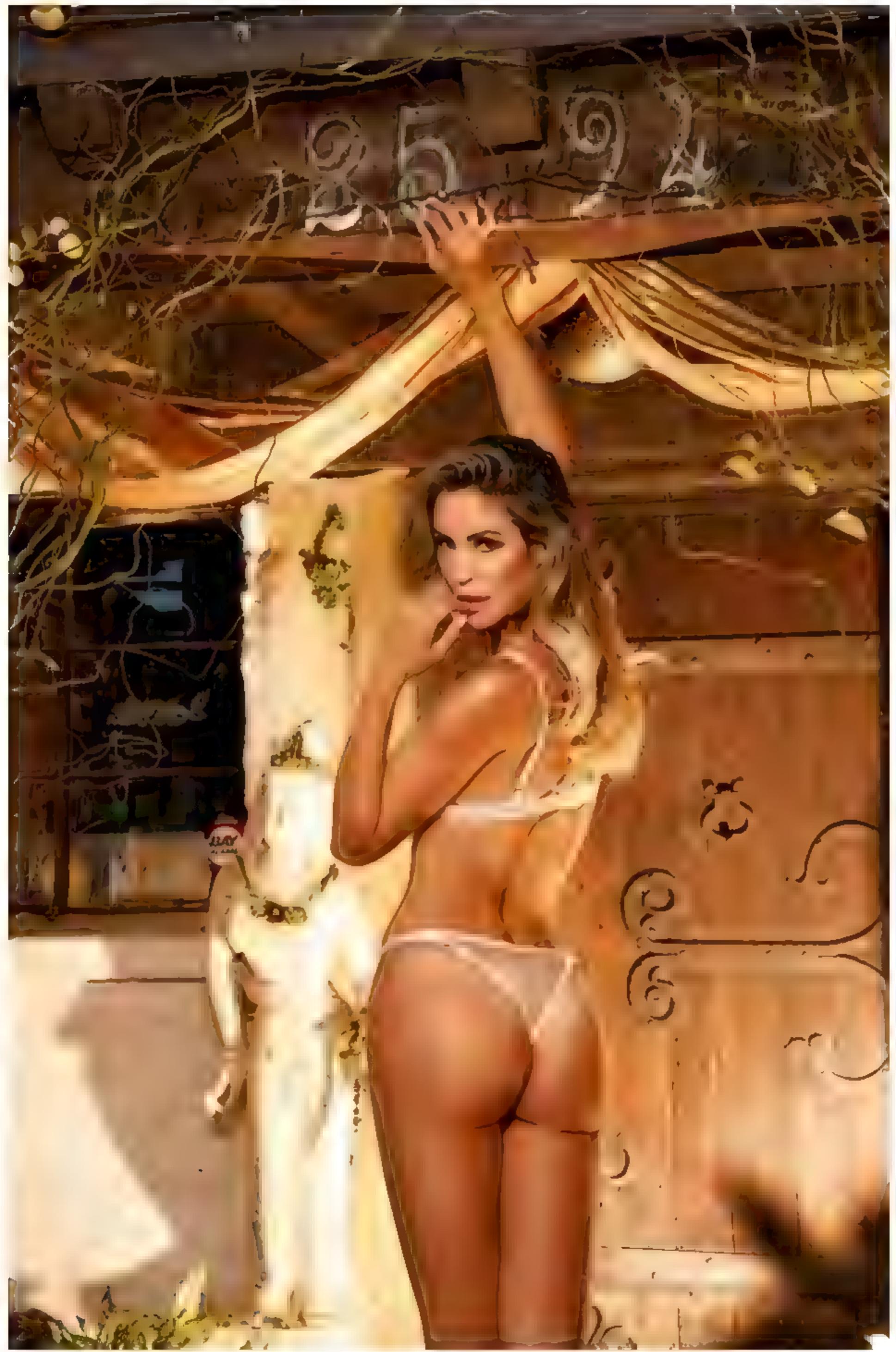
Given that you are a Sagittarius, what are some ways that you embody being a free spirit? We Sagittarius's are known to be the free

spirits of the zodiac signs. For me, I feel I embody this quality in many ways. Firstly, I have a deep rooted desire for change. I think that change is a necessity for growth and development as it is said there is no growth in the comfort zone. Thus, for me, I like change and think my adaptable and flexible personality allows me to feel comfortable with the uncomfortable. If an opportunity arises that may be risky as it involves a life change, I rarely say no, as it will ultimately lead to growth. Additionally, I am an individual that was born to explore. I love exploring the world, art, and culture as I feel some of the best and greatest knowledge one will ever know comes from immersing yourself in the arts and different cultures and exploring. Lastly, I feel that I think and act in ways that I feel align with my morals and values. I don't worry much about social norms or what people think of me. I want to be unique and one-of-a-kind thus I don't like to conform to all social norms/rules as then you don't stand out from the crowd.

You've opened up before about your experience surviving cancer. How do you look back on that time now and what strength did it give you?

The day I found out that I had cancer was hands down the worst day of my life. It was the day before my birthday and I thought it was all a dream. I didn't have the slightest clue what the road looked like ahead. Never in a million years did I think I would lose half my face to cancer. It was some of the darkest and emotional years of my life and I didn't know how to cope with it all.

"One of the biggest most important lessons I learned from surviving cancer is that we must, at all times, respect other people and their bodies and their stories as you never know what someone is going through or experiencing."



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The pain and sadness I felt were indescribable and my emotions got the best of me most days. I went from being an agency represented model in LA to being unsigned overnight. I lost so many friends during the time because they were insensitive and not understanding. I am so lucky I had the support of my mother and my doctors. I couldn't have made it through without them. The scowls I received from passersbyers while wearing a bandage over my face for a year were soul-crushing.

I was afraid and trying to be so strong and put together all the time. It wasn't until my sister came to me and said "Cailin, it's okay to not be tough all the time, it's okay to cry. It shows you are a real person." That was a monumental shift in my headspace. I had to let go and forgive myself and have hope that I would prevail. I let go. I cried. I began to heal. Every day, I would try to find the silver lining and fail. I look back on those years and everything I went through and realized how incredibly tough and brave I was. How my inner strength got me through this life challenge.

Nowadays, I often think about how cancer has affected my life, both mentally and physically. I think about how I've developed as a person through this experience. I have spent countless hours reflecting and connecting with my inner strength. I needed time to renew my faith in my ability to survive this situation. I practiced self-healing and self-love and have finally come to love myself and forgive myself. At this point, all I can say is my strength is impressive and my spirit is indomitable.

You've also opened up about cancer leaving a scar on your face and the journey you had to become

proud of that scar. What advice would you have to someone who may have a similar experience to you and might be having trouble loving their scars?

I must be transparent here...learning to love my scar was not an easy feat. I struggled. I struggled day in and day out especially being a young model in Los Angeles who lost part of her face and nose to cancer was devastating. My scar is a constant reminder of the pain and sadness I went through during that period of my life.

However, over the past year or so I have found the silver lining and have learned to appreciate my scar. Instead of associating it with the negatives, I have made it a point to tell myself that my scar is a reminder that I am strong, brave, and have an indomitable spirit. I overcame adversity and am still standing stronger and more beautiful than ever. For others, with similar experiences and not loving their scars you have to take a step back and realize what you went through and how far you've come.

Scars are a symbol of strength and bravery. They are a chapter within your life story that differentiates you from others. When you look back on them you know your story does not end on a cliffhanger. You carried on, you are carrying on, you keep writing and keep living your best life. Use them to remember what you overcame. Look back on it with indifference rather than fear. Remind yourself, life is short, and you are stronger than ever. Be grateful for the chance to show the universe how amazing you are. Use the scar and the experience to propel you forward in life because you overcame adversity and should be proud of your strength.

"I want all people to know that it's okay to acknowledge our scars. It's okay to talk about them. It's okay to show them off. They make you, you! So be proud and stand tall - you're a Rockstar!"

One of the biggest most important lessons I learned from surviving cancer is that we must, at all times, respect other people and their bodies and their stories as you never know what someone is going through or experiencing. I also want those people, all people, to know that it's okay to acknowledge our scars. It's okay to talk about them. It's okay to show them off. They make you, you! So be proud and stand tall- you're a Rockstar!

How has your experience with doctors and nurses inspired your own career in medicine?

I come from a family full of doctors and was immersed in the art and science of medicine from a very young age. I always imagined I would be a doctor but was always discouraged to get into medicine when I was deciding my career. Having a passion for sports and entertainment, I chose a career in sports business upon graduating from university. It wasn't until I was diagnosed with cancer and was united with my team of surgeons that I realized medicine was my career path. My doctors saved my life, they were empathetic and understanding to my situation.

However, the biggest indication was the fact I was doing my own research on the processes and solutions to my own case and bringing treatment and surgical suggestions to my team of doctors on how to treat my case. Many of my suggestions were used throughout my treatment. Additionally, the amount of people I helped with my own story has been impactful and truly amazing.

After med school, where would you dream of practicing medicine professionally?

After medical school, I would love to practice medicine

in my home state of California. I am looking at going into Sports Medicine/Orthopedics so would love to be associated with a practice that works closely with college or professional athletes. A lot can change between now and then, but at this time that is the direction am leaning towards.

How do you keep up with fitness while being a full-time student?

Growing up as a competitive swimmer and athlete I learned how to multitask, time management skills, and accountably. From a very young age, I had to learn how to balance school and homework with my athletic commitments. I missed out on a lot of your typical childhood activities because I was playing sports and had the goal of making the Olympics. Thus, I was always laser focused on performing at my best in school and sports. In college, I played a DI sport, went to undergrad in the morning and grad school at night, and learned to manage it all. Now that I am older, and no longer a DI athlete, I feel that those qualities I learned transferred over to my adult life and to my current studies of becoming a doctor. I think that fitness and health are important to a healthy mind and healthy life. When I feel stressed at work or with school, I lean on fitness to help me destress and clear my mind. Thus, I make it a priority and try and fit it into my schedule at least once a day if not twice if I have the time.

What are your 2021 New Year's Resolutions?

1. Take time to appreciate your accomplishments.
2. Read a book a month.
3. Work less, travel more and appreciate the simple things.

“When I feel stressed at work or with school, I lean on fitness to help me destress and clear my mind.”



Black Leather Dress w/Slit

MARTA MILJANIC

Shoes ALDO



BLACK LOTUS

PHOTOGRAPHER KEN PERRY @ramair_kp

MODEL CHRISTINA SHELTON @nasympane

AGENCY: TWO MANAGEMENT WOMEN @ THE TOP management

WARDROBE STYLIST: ANGELIQUE CERNIGLIA

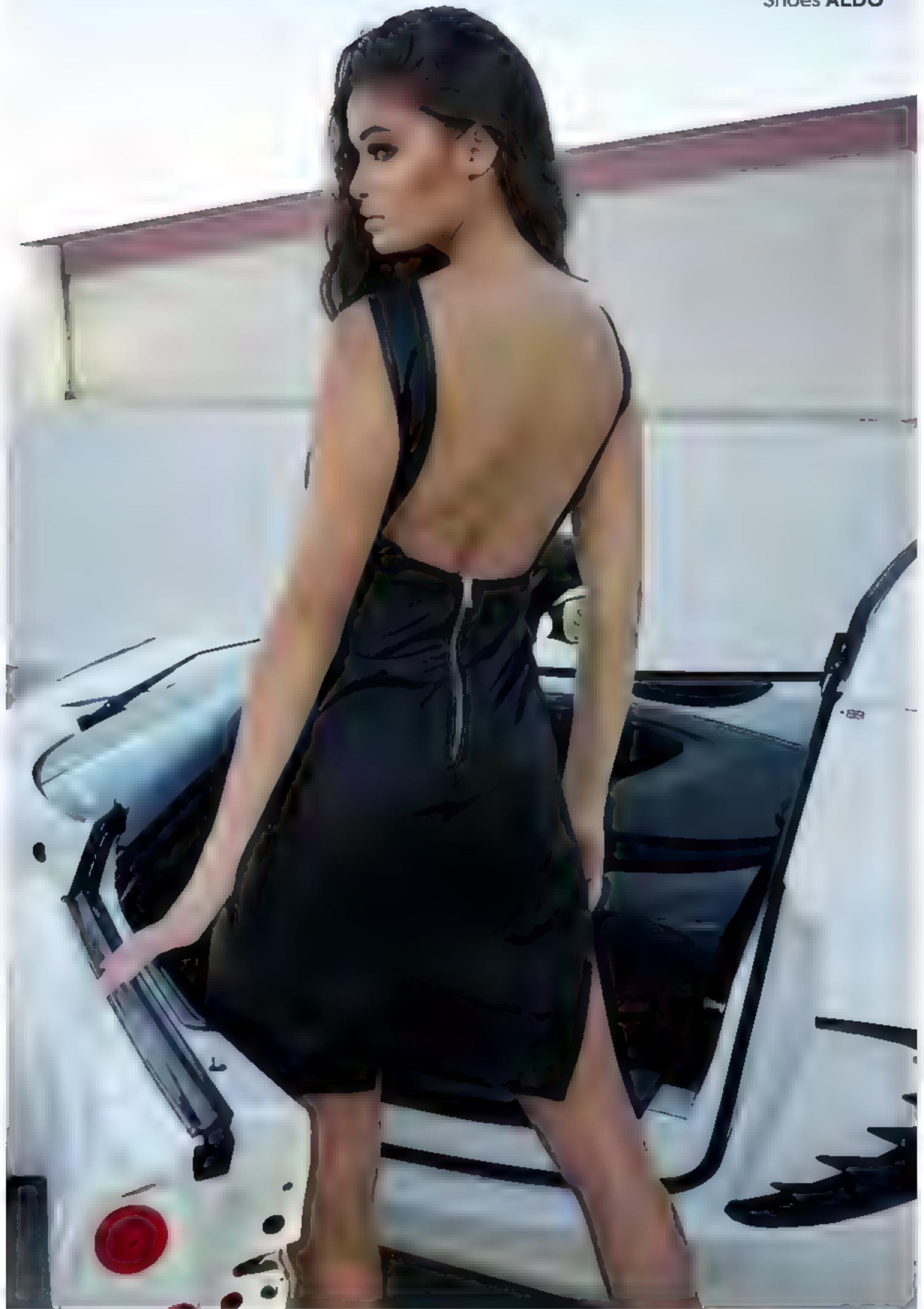
MAKEUP ARTIST ANGELIQUE CERNIGLIA @ angelmakeup45

EDUCATION & SERVICES | LIDIA@retoucher.lidia

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Black Leather Dress w/Slit
MARTA MILJANIC
Shoes ALDO





Black Leather Bodysuit
MARTA MILJANIC
Boots **STEVE MADDEN**



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Top DULCE BESTIA
Shorts FASHION NOVA
Boots STEVE MADDEN





Red Leather Dress
DULCE BESTIA





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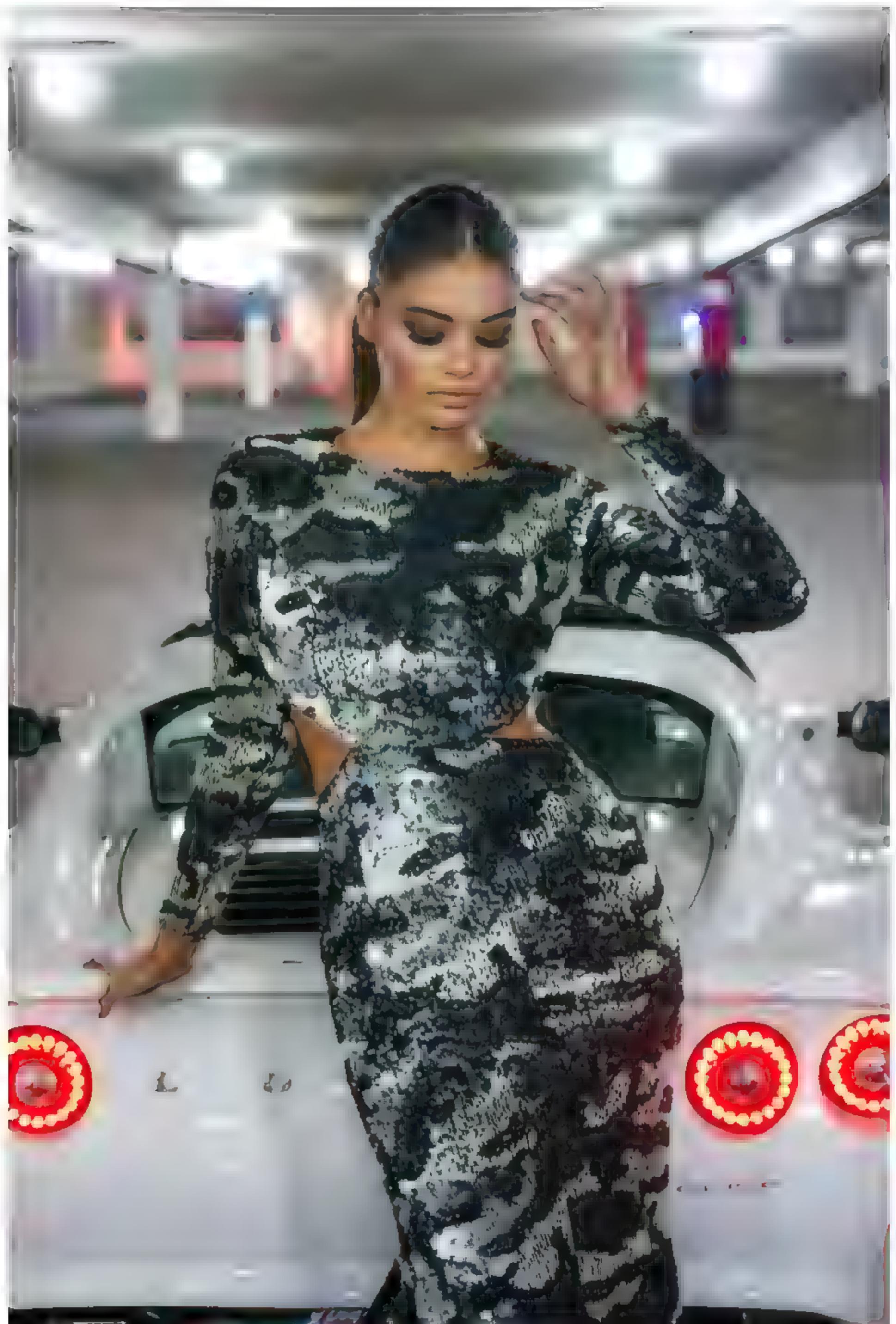




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Camo Print Sequin Dress
NOWPR LA







Top **ZARA**
Bustier **FASHION NOVA**
Pants **ASOS**
Boots **STEVE MADDEN**



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DR. JAMES B. BROOKS
DR. JAMES B. BROOKS

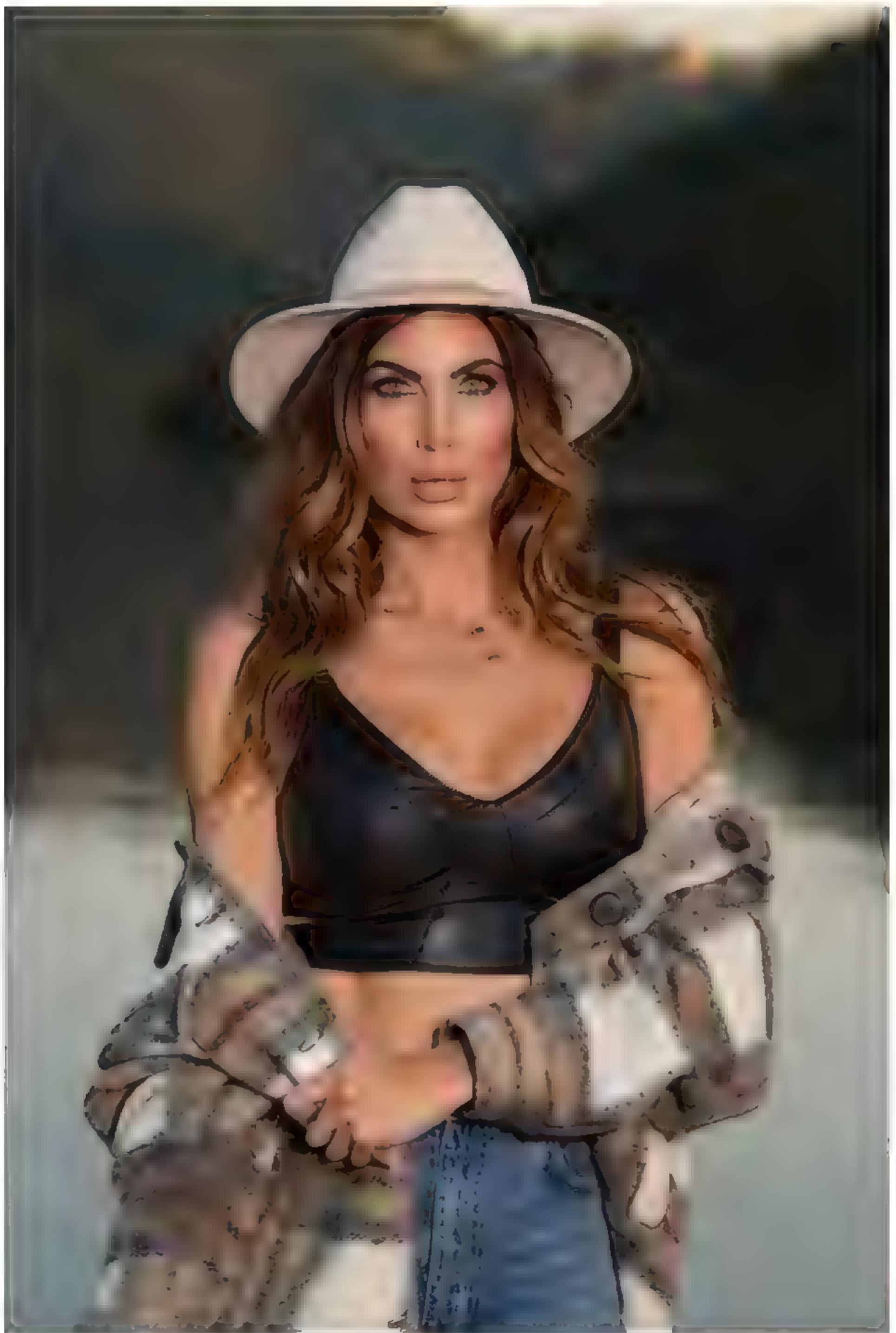
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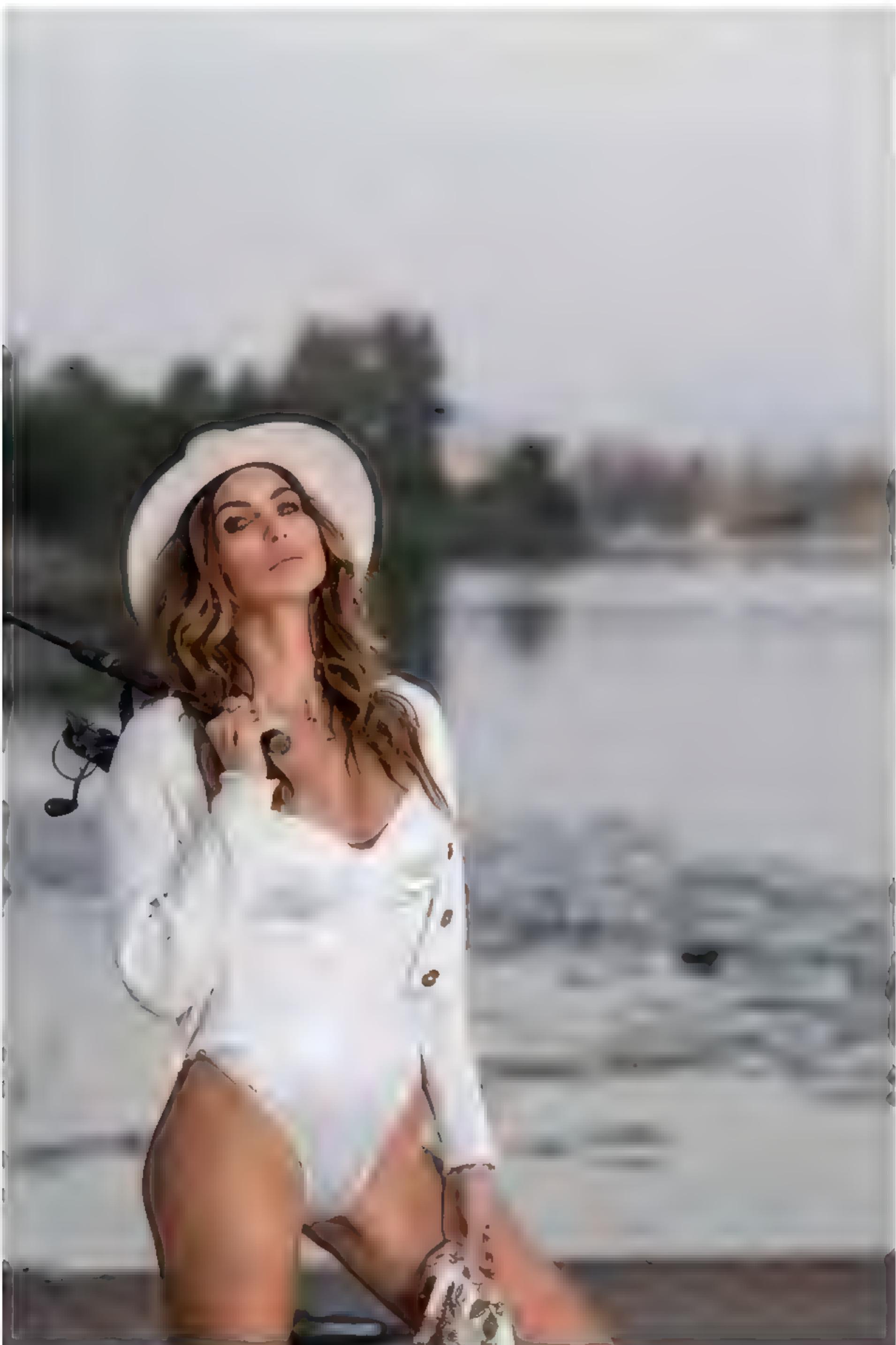








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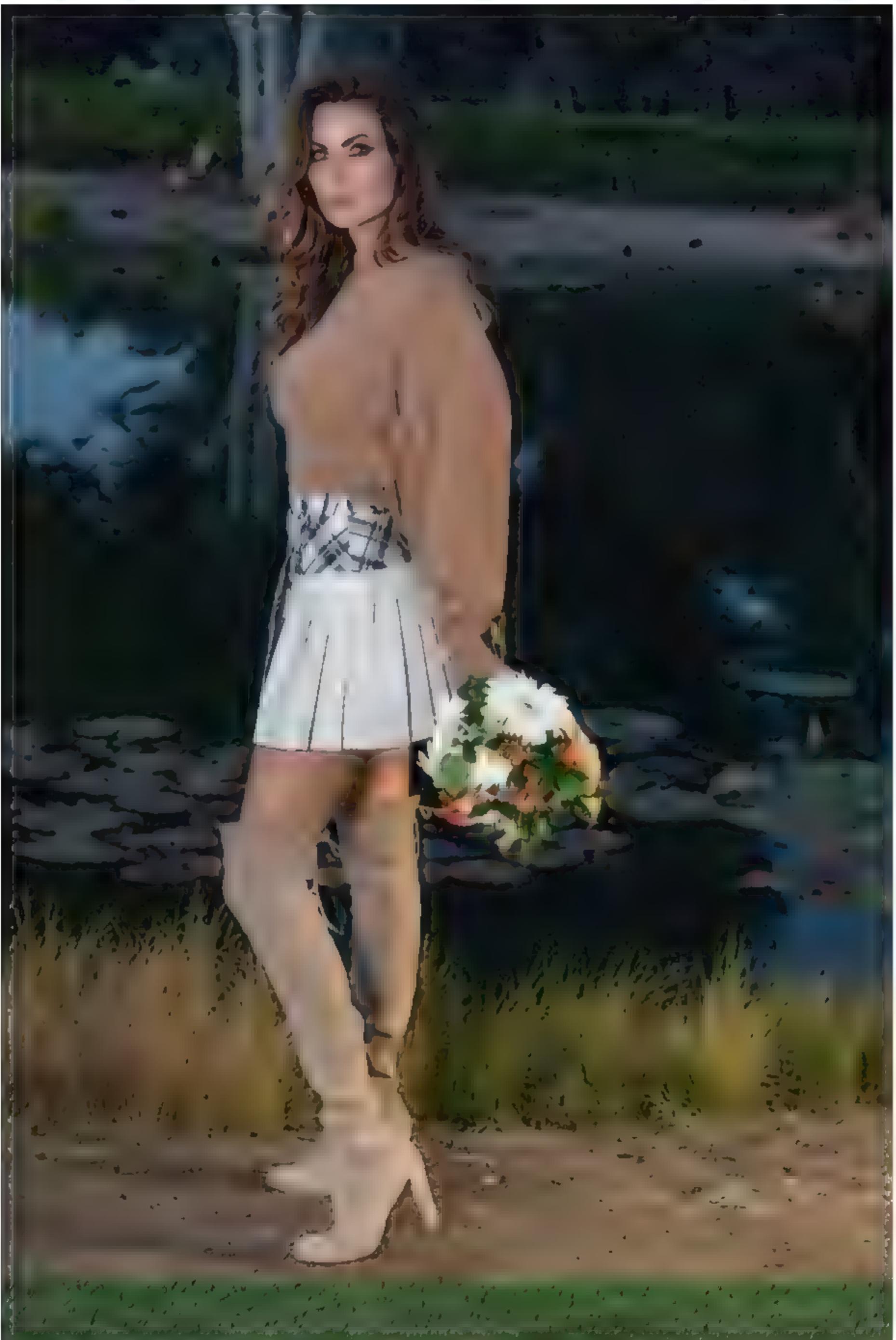








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SARAH ASHCROFT

SLA THE LABEL

QP Magazine magazine sat down with British Fashion designer and SLA THE LABEL founder, SARAH ASHCROFT, to talk all things Fashion and Celebrity.

How did you start in fashion?

I have always had a huge interest in fashion from a very young age. I had a subscription to pretty much every fashion magazine going, would spend my entire pay check every month on new clothes and definitely believed I was going to be the Lauren Conrad of London. When I left school I didn't fancy doing the 3 years of University that all my other friends were heading off to do so fashion collage was an obvious choice for me. I did a year long course at the Fashion Retail Academy in London where I actually fell in love with fashion PR. I thought this would be what I would end up doing but 8 years later my career in the fashion industry has definitely turned out a little different to what I could have ever imagined.

What is your favourite part of being a fashion designer?

I have a team of 2 amazing fashion designers that I work with at SLA to create our ranges. This is something I love as there is nothing better than being able to bounce ideas off one another until you create the perfect piece. I always say that my favourite thing about designing clothing for SLA is definitely the fact that I get to create items I personally want to wear that don't exist. That's everyone's dream, right? We have all had those times where we have stood in a shop or been online shopping and in our head, we know exactly what we want but sometimes you just can't find it. Those moments when the final sample arrives for something that you've had in your head for so long and it turns out perfect are definitely my favourite.

SLA[©]

THE FIGHT



SARAH ASHCROFT



What inspires you to create amazing collections season after season?

Our customers! We love seeing how the SLA girl wears our clothing and it can definitely inspire future collections. It's also just so exciting to sit down and put a collection together. I love it so much that I am basically thinking ahead to the next one before we have finished the one we are currently working on. Every season there are so many amazing new colours and fabrics to play with that this alone is super inspiring.

How would you define the SLA woman?

The SLA girl is someone who wants to look amazing and feel effortlessly cool at the same time. She loves to experiment with her fashion and is definitely not afraid of a bit of colour. She's a little sassy but not high maintenance.

Who is on your wish list to dress? I mean, Hailey Bieber would be a dream. I feel like she is the ultimate "cool girl" and I love how effortless her style is.

How is working in fashion different today than from when you started out?

When I first started my blog back in 2013 the word "influencer" wasn't a thing. No one, not even my family, could understand what I was doing and how I was ever going to turn it into a job. Nowadays the word "influencer" is known by everyone and I would say that influencers have massively changed the fashion industry and the way we all shop. Watching the rise of social media and how it has evolved and developed with the fashion industry over the past 10

years has also been crazy.

What role do you think social media plays in fashion today?

For me, social media is everything. I wouldn't be doing what I am today if it wasn't for platforms like Instagram and Youtube. It is also such an amazing tool for small business owners when used correctly as you can reach thousands of people and it really allows you to get your brand out there. The rise of social media influencers also plays a huge role in fashion because inspiration is coming from the way they dress, what they are buying etc, and not just from the high-end catwalks.

How do you want women to feel when wearing your clothes?

We have a little quote that is printed on all the SLA clothing tags that says, "I'm nicer when I like my outfit", and that is the feeling we want everyone to have when they wear SLA. There is nothing better than wearing something that makes you feel amazing.

If you could go back and tell yourself one thing before beginning your career what would it be?

You can't control everything. What will be will be and it's best to just enjoy the ride.

Where do you see yourself in the

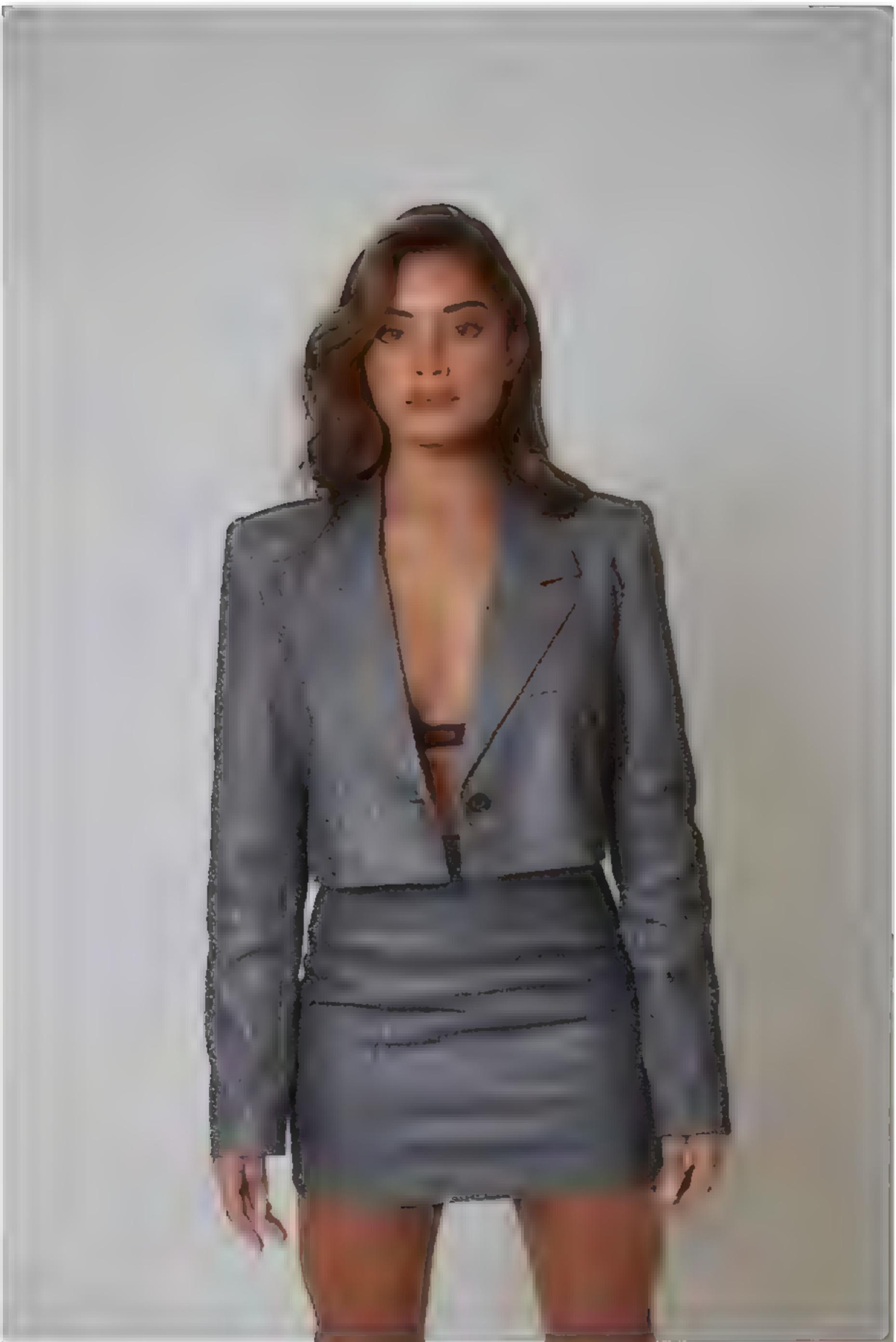
next ten years?

My hope is that SLA will one day become a power player in the fashion game. I also see myself setting up another company perhaps in the beauty space as I have definitely got the entrepreneurial bug.





SARAH ASHCROFT







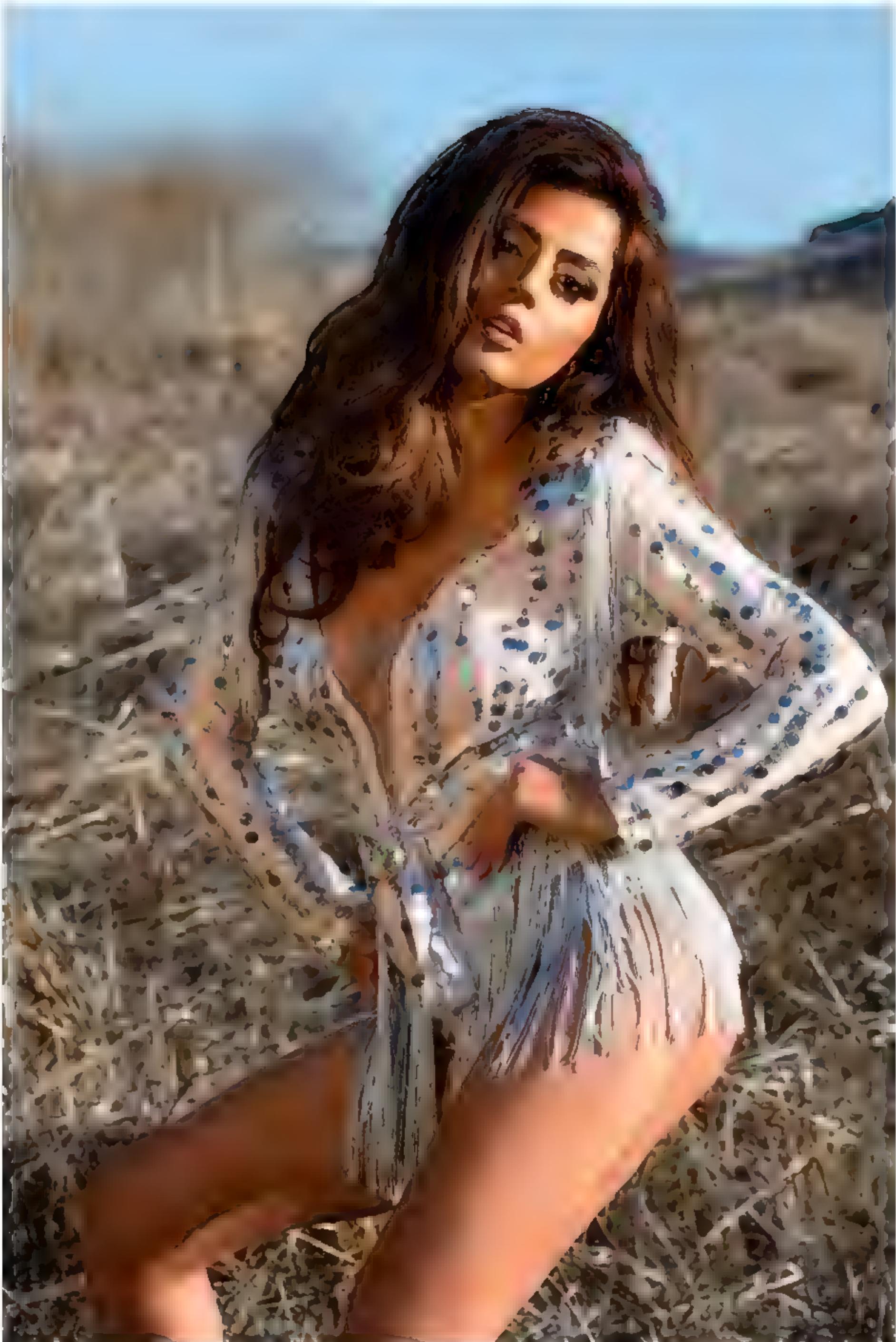


SARAH

MODEL SARAH BAKHTIYARI @sarah_soovio

PHOTOGRAPHER AREZOO JALALI @arezoojalali photography

MAKEUP ARTIST NADIA SERPOOSH @makeup_nadiya.ca





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DECEMBER 2021
VOL. 2

LAKEN ROMINE

BY SHAWN FERNAJEC

FASHION AND LIFESTYLE MAGAZINE